

2009 ACG Annual Postgraduate Course Saturday-Sunday, October 24-25, 2009

“Clinical Dilemmas in GI and Liver Disease: Some New, Some All Too Familiar”

Course Co-Directors: John K. DiBaise, MD, FACG and Renee L. Young, MD, FACG

- Saturday, October 24
 - Saturday Optional Learning Luncheons
- Sunday, October 25
 - Sunday Optional Learning Luncheons
- Program Description
- Self-Assessment Test ONLINE

Saturday, October 24 7:50 am-5:00 pm

7:50 am **Introduction by Course Directors**

Session 1A: The Upper Gut

Moderator: William D. Chey, MD, FACG

8:00 am **Eosinophilic Esophagitis: When to Check, How to Confirm and How to Treat**

Joel E. Richter, MD, MACG

- Determine key presenting symptoms, diagnostic measures and therapeutic options for eosinophilic esophagitis.

8:20 am **GERD: What To Do When PPIs Don't Help**

Michael F. Vaezi, MD, PhD, FACG

- Formulate a diagnostic and treatment plan for patients refractory to standard GERD treatments.

8:40 am ***H. pylori* 2009: When to Test, How to Test and How to Treat**

William D. Chey, MD, FACG

- Analyze testing options to adequately detect *Helicobacter pylori* infection and select appropriate medication to eradicate *H. pylori*.

9:00 am **Celiac Disease: Diagnostic Challenges and Treatment Options – Ciaran P. Kelly, MD, FACG**

- Apply updated diagnostic methods and treatment options for celiac disease.

9:20 am Panel Q&A

9:40 am Break

10:00 am **The David Sun Lecture**

Fergus Shanahan, MD, FACG

Session 1B: Colon

Moderator: *Douglas K. Rex, MD, FACG*

10:30 am **Screening and Surveillance for Colorectal Cancer: Review and Rationale**
Sidney J. Winawer, MD, MACG

- Review current guidelines for colon cancer screening and surveillance and discuss their rationale.

10:50 am **Controversies in Colorectal Cancer Prevention: Stool, Scope, Stain or Scan?**
Douglas K. Rex, MD, FACG

- Analyze the options and controversies in colon cancer screening and surveillance.

11:10 am **Persistent Watery Diarrhea: Is it All Microscopic Colitis?**
Darrell S. Pardi, MD, FACG

- Review the evaluation and differential of persistent watery diarrhea.

11:30 am **What's the Initial Approach to Fecal Incontinence?**
Satish S.C. Rao, MD, PhD, FACG

- Compare and contrast diagnostic and treatment strategies for fecal incontinence.

11:50 am **Panel Q&A**

12:10 pm **Break for Learning Luncheons**

12:20 pm-1:35 pm **Saturday Learning Luncheons**

Learning luncheons are optional. There is an additional \$50 fee for registration per luncheon.

1. Extraesophageal GERD: Still a Concern?

Michael F. Vaezi, MD, FACG

- Review the evaluation and management of suspected extraesophageal manifestations of GERD.

2. Hepatocellular Cancer Screening: In Whom and How?

Hashem B. El-Serag, MD, MPH

- Apply updated recommendations for hepatocellular cancer screening in different populations and diseases,

3. Biofeedback for Pelvic Floor Disorders: Does It Really Help?

Satish S.C. Rao, MD, PhD, FACG

- Explain the rationale for biofeedback in pelvic floor disorders and how it's done.

4. Approach to Malabsorption: Where to Start?

Lawrence R. Schiller, MD, FACG

- Establish the initial course of action with a patient presenting with signs and/or symptoms suggestive of malabsorption.

5. Nonalcoholic Fatty Liver Disease: Does Anything Help?

Stephen H. Caldwell, MD

- Identify treatment options for NAFLD and its relationship to the current obesity crisis.

6. Intestinal Ischemia: How to Confirm and Treat?

Lawrence J. Brandt, MD, MACG

- Determine how to diagnose and treat intestinal ischemia.

7. Endoscopic Mucosal Resection: When, Where and How?

Charles J. Lightdale, MD, MACG

- Verify when and where to consider endoscopic mucosal resection and learn how it is performed.

8. Barrett's Ablation: Cut, Burn, Freeze or Leave Alone?

Virender K. Sharma, MD, FACP

- Analyze the evidence surrounding the use of endoscopic ablation techniques in Barrett's esophagus.

9. Food Allergies versus Intolerance: How to Tell the Difference

Sheila E. Crowe, MD, FACP

- Differentiate between food allergy and food intolerance and their roles in clinical illness.

10. Probiotics in GI Disease: When, Which One and How Much?

Eamonn M.M. Quigley, MD, FACP

- Critique the evidence surrounding the use of probiotics in GI diseases.

11. Challenges in ERCP: Difficult Cannulation, Large Stones, SOM

Richard A. Kozarek, MD, FACP

- Implement strategies to manage complications and challenges in ERCP.

12. New Developments in Endoscopic Sedation: Do They Apply to My Endoscopy Unit?

John J. Vargo, MD, FACP

- Compare and contrast sedation alternatives, while considering their medicolegal implications.

Session 1C: Motility and Functional Disorders

Moderator: *Lawrence R. Schiller, MD, FACP*

1:45 pm **Has Our Understanding of IBS Pathophysiology Improved Its Treatment?**

Lin Chang, MD

- Correlate the pathogenesis of IBS with the most appropriate treatment options.

2:05 pm **Functional Dyspepsia: What is It? How Do I Test for It? What Treatments Work?**

Brian E. Lacy, MD, PhD, FACG

- Determine the presence of functional dyspepsia and treatment strategies available.

2:25 pm **Is There Anything I Can Do For the Refractory Functional GI Patient?**

Lawrence R. Schiller, MD, FACG

- Apply the biopsychosocial approach to the management of the difficult functional GI patient.

2:45 pm **What Really Helps To Treat Gastroparesis?**

Eamonn M.M. Quigley, MD, FACG

- Critically evaluate the treatment options for gastroparesis.

3:05 pm **Panel Q&A**

3:25 pm **Break**

3:45 pm-5:00 pm **Simultaneous Sessions**

Symposium A: Pregnancy in GI and Liver Disease

Moderator: *Renee L. Young, MD, FACG*

3:45 pm **Pregnancy and Liver Disease**

Rebecca Van Dyke, MD

- Describe special considerations for the pregnant patient with concomitant liver disease as well as liver diseases associated with pregnancy.

4:10 pm **IBD and Pregnancy**

Renee L. Young, MD, FACG

- Discuss fertility, preparation of the patient for pregnancy, monitoring and postpartum issues in patients with inflammatory bowel disease.

4:35 pm **GI Medications and Pregnancy**

Philip O. Katz, MD, FACG

- Review contraindications and indications of GI medications in the pregnant patient.

Symposium B: What the Gastroenterologist Should Know About Obesity

Moderator: *Amy E. Foxx-Orenstein, DO, FACG*

- 3:45 pm **Satiety and Appetite Regulation**
Amy E. Foxx-Orenstein, DO, FACP
- Explain the physiology and clinical implications of appetite and satiety as they relate to obesity.
- 4:10 pm **Diet, Drugs or Surgery: What Works and How to Choose**
Donald Kirby, MD, FACP
- Determine nutritional, medical and surgical options to treat obesity and how to choose among them.
- 4:35 pm **Complications and Monitoring after Bariatric Surgery**
David A. Johnson, MD, FACP
- Describe the potential GI and nutrition-related complications occurring after bariatric surgery and their management strategies.

Symposium C: New Insights on the Evaluation and Management of GI Bleeding

Moderator: *Jonathan A. Leighton, MD, FACP*

- 3:45 pm **Upper GI**
Loren A. Laine, MD, FACP
- Evaluate the etiologies, diagnostic approach and best treatments for upper GI bleeding.
- 4:10 pm **Lower GI**
Dennis M. Jensen, MD, FACP
- Assess the etiologies, diagnostic approach and best treatments for lower GI bleeding.
- 4:35 pm **Obscure GI**
Jonathan A. Leighton, MD, FACP
- Explore the etiologies, diagnostic approach and best treatments for obscure GI bleeding.

Sunday, October 25

7:50 am-5:00 pm

7:50 am **Introduction by Course Directors**

Session 2A: Inflammatory Bowel Disease

Moderator: *Sunanda V. Kane, MD, MSPH, FACP*

8:00 am **IBD 2009: What's the Role of Non-endoscopic Testing in Patient Management?**

Sunanda V. Kane, MD, MSPH, FACP

- Describe the role of non-endoscopic testing in IBD patient management.

- 8:20 am **Can We Tailor Therapy to Phenotype and Genotype in IBD?**
Maria T. Abreu, MD
- Justify choosing a treatment for Crohn's disease based upon phenotype and genotype testing.
- 8:40 am **Biologics: When to Consider, What to Choose**
David T. Rubin, MD, FACG
- Compare and contrast biologic agents and their place in the IBD treatment algorithm.
- 9:00 am **Colon Cancer in IBD: What's the Latest on Screening, Surveillance and Treatment?**
Bret A. Lashner, MD, FACG
- Apply the latest recommendations for screening and surveillance of colon cancer in IBD patients.
- 9:20 am **Panel Q&A**
- 9:40 am **Break**
- Session 2B: Liver**
- Moderator: *Mitchell L. Shiffman, MD, FACG*
- 10:00 am **Acute Liver Failure: What's the Cause and How Do I Keep Them Alive?**
Timothy M. McCashland, MD
- Determine how to diagnose and evaluate the options available to treat patients with acute liver failure.
- 10:20 am **Treatment of Hepatitis C 2009: What Are the Options?**
Hugo E. Vargas, MD, FACG
- Compare and contrast current and emerging therapies for hepatitis C.
- 10:40 am **Hepatitis B: Why We Care and How to Treat**
Jorge L. Herrera, MD, FACG
- Describe the current state of hepatitis B and current and emerging therapies.
- 11:00 am **What's the Best Approach to Evaluate the Liver Mass?**
Mitchell L. Shiffman, MD, FACG
- Determine the best method to examine the liver mass.
- 11:20 am **Hemochromatosis 2009: When to Check, How to Confirm and Treat**
Bruce R. Bacon, MD, FACG
- Recognize risk factors, symptoms and complications associated with hemochromatosis.
- 11:40 am **Panel Q&A**

12:00 noon **Break for Learning Luncheons/Exhibit Hall Opens**

12:10 pm-1:35 pm **Sunday Learning Luncheons**

Learning luncheons are optional. There is an additional fee of \$50 per luncheon.

- 13. Complications of Portal Hypertension: How to Manage**
Arun J. Sanyal, MD

 - Identify major complications of portal hypertension and their management.
- 14. Esophageal Motility Disorders: How to Diagnose and Treat**
Philip O. Katz, MD, FACG

 - Establish diagnostic and therapeutic approaches to various esophageal motility disorders.
- 15. Refractory Constipation: Drugs, Stimulation or Surgery?**
Arnold Wald, MD, MACG

 - Formulate a plan to manage constipated patients refractory to standard therapy.
- 16. NOTES 2009: Are We Closer to Primetime?**
Anthony N. Kalloo, MD, FACG

 - Explore the roles of NOTES in the future of gastrointestinal endoscopy.
- 17. New Techniques and Tools for Colonoscopy**
Douglas K. Rex, MD, FACG

 - Evaluate new and emerging colonoscopic techniques and tools.
- 18. Polyposis Syndromes: Making Sense of Genetic Testing**
Carol A. Burke, MD, FACG

 - Apply genetic testing to polyposis syndromes, HNPCC and FAP, in clinical practice.
- 19. Enteral Access Options and Complications**
Stephen A. McClave, MD

 - Analyze enteral access options for the patient with intestinal failure and potential complications associated with their use.
- 20. Difficult Cases in IBD**
Sunanda V. Kane, MD, MSPH, FACG

 - Identify challenging IBD patient scenarios and potential treatments to turn to when faced with these situations.
- 21. Extrahepatic Manifestations of Chronic Hepatitis**
Rowen K. Zetterman, MD, MACG

- Describe the extrahepatic manifestations of chronic hepatitis.

22. IPMN: How to Confirm and Treat

William R. Brugge, MD, FACG

- Provide details of the clinical presentation, diagnostic tools and management approaches to IPMN.

23. Luminal and Biliary Stenting: When, How and What to Do When Problems Develop

Richard A. Kozarek, MD, FACG

- Discuss when to consider stenting and how to manage complications resulting from luminal and biliary stenting.

24. Pouchitis: How to Treat Recurrent and Refractory Disease?

Darrell S. Pardi, MD, FACG

- Formulate a management plan for patients with pouchitis when recurrent or refractory to standard therapy.

Session 2C: Pancreaticobiliary

Moderator: *William R. Brugge, MD, FACG*

1:45 pm **Is There Still a Role For Endoscopy in Acute and Chronic Pancreatitis?**

Darwin L. Conwell, MD

- Determine the role, type and timing of endoscopic intervention in acute and chronic pancreatitis.

2:05 pm **Pancreatic Cysts: What Tests are Useful?**

William R. Brugge, MD, FACG

- Identify the types of tests available and their optimal use in the evaluation of pancreatic cystic lesions.

2:25 pm **Does Idiopathic Pancreatitis Still Exist?**

Peter V. Draganov, MD, FACG

- Explore the diagnostic approach to acute pancreatitis.

2:45 pm **Autoimmune Pancreatitis: When to Check, How to Confirm and How to Treat**

Suresh T. Chari, MD, FACG

- Analyze the pathogenesis, diagnosis and treatment of autoimmune pancreatitis.

3:05 pm **Panel Q&A**

3:25 pm **Break/Visit Exhibits**

3:45 pm-5:00 pm **Simultaneous Sessions**

Symposium D: Complex Problems in IBD

Moderator: *Gary R. Lichtenstein, MD, FACG*

3:45 pm **IBD in the Elderly - Does Management Differ?**

Seymour Katz, MD, MACG

- Compare and contrast the treatment of IBD in the elderly population to the general population.

4:10 pm **Bones and Stones**

Gary R. Lichtenstein, MD, FACG

- Distinguish the risk factors, screening recommendations and treatment of metabolic bone disease and nephrolithiasis in IBD.

4:35 pm **Safety Issues in IBD: Topics to Discuss with Your Patients**

Corey A. Siegel, MD

- Explain the benefits as well as the potential risks and concerns of IBD therapies to the patient.

Symposium E: Nutrition in GI Disease

Moderator: *John K. DiBaise, MD, FACG*

3:45 pm **Inflammatory Bowel Disease**

Douglas L. Seidner, MD, FACG

- Identify nutrition-related complications and the role of nutrition therapies in the IBD patient.

4:10 pm **Pancreatitis**

Stephen A. McClave, MD

- Examine the role of nutrition support in the patient with acute or chronic pancreatitis.

4:35 pm **Short Bowel Syndrome**

John K. DiBaise, MD, FACG

- Describe the management approach to short bowel syndrome.

Symposium F: Issues in Liver Transplantation

Moderator: *Rowen K. Zetterman, MD, MACG*

3:45 pm **Selection and Survival**

Naga P. Chalasani, MD, FACG

- Review the indications for liver transplantation, the selection process and survival after transplant.

4:10 pm **Care of the Post-Transplant Patient**

Rowen K. Zetterman, MD, MACG

- Determine the management regimen in the transplant patient after they return home.

4:35 pm

Recurrent Liver Disease After Transplant

K. Rajender Reddy, MD, FACC

- Describe the occurrence and management of recurrent liver disease after transplant.

Program Description

With the ever increasing demands to remain abreast of the many new and emerging advancements in the field of gastroenterology and the volume of patients continuing to increase as the population ages, the clinical gastroenterologist is more challenged than ever to deliver the best patient care in each situation they encounter. Research in a multitude of gastroenterology and hepatology areas continues to progress at a rapid pace. The outcome of advances in technology, diagnostic modalities, and therapeutic options has had a positive impact on the management of many GI diseases and this impact can be expected to grow as we move into the future. Scientific education, based on critical foundational knowledge and clinical skills, the communication of practical methods for treatment, and the ability to integrate the newest tools in diagnosis with the latest therapeutic/treatment options are key necessities for the GI clinician to deliver top quality patient care. The ACG Postgraduate Course will provide updates on a variety of important gastroenterology and hepatology subjects, including IBD, obesity, pancreaticobiliary topics, esophageal disorders, functional disorders, colorectal cancer screening, hepatitis B and C, NAFLD, acute and chronic liver disease, GI bleeding, and endoscopic techniques. Expert faculty will deliver scientific presentations in a variety of formats. Didactic lectures, followed by interactive question and answer sessions, learning luncheons in case based and debate formats, and a choice of exciting breakout sessions of the latest topics in GI and liver clinical care will be offered.

The program is designed primarily for clinicians in GI/hepatology as well as physician assistants, nurse practitioners and other advanced practice healthcare professionals interested in an aggressive but scientifically sound approach to the management of GI and liver illnesses.

Self-Assessment Test Online

Purchase the Self-Assessment Test Online in advance for only \$50 and save! Available only to Postgraduate Course registrants, this valuable tool allows you to test your knowledge before you arrive in San Diego. The online test allows users to track responses, indicates the correct answers and provides overall/category scores. At the conclusion of the PG Course, detailed explanations and a bibliography (with links to PubMed) will be posted for user access. Make your advance purchase before the course. After the course, the Self-Assessment Test Online will be available for general purchase for \$75 for ACG Members; \$100 for Non-Members. A print version of the Self-Assessment Test is included in the registration price of the course.

Purchase your advance copy of the Self-Assessment Test Online when you register for the Postgraduate Course.