



2018

ACG'S IBD SCHOOL & EASTERN REGIONAL POSTGRADUATE COURSE

APRIL 13-15, 2018 | SEAPORT HOTEL, BOSTON, MA

ACG'S IBD SCHOOL

EARN UP TO **9 CME** CREDITS | EARN UP TO **9 MOC** POINTS

EASTERN REGIONAL COURSE

EARN UP TO **10.75 CME** CREDITS | EARN UP TO **10.75 MOC** POINTS



2018

ACG'S IBD SCHOOL & EASTERN REGIONAL POSTGRADUATE COURSE

ENJOY SPRINGTIME IN BOSTON WHEN YOU JOIN COLLEAGUES FOR ACG'S IBD SCHOOL AND 2018 EASTERN REGIONAL POSTGRADUATE COURSE.

Boston boasts something for everyone in April! History buffs can follow the Freedom Trail from the Boston Common to the Paul Revere House, the U.S.S. Constitution, and other historic sites along the way. Science enthusiasts can explore the Museum of Science and its more than 700 hands-on exhibits, the New England Aquarium, and the Franklin Park Zoo. Art lovers can enjoy the vast collections of the Institute of Contemporary Art and the Museum of Fine Arts. After a weekend of education, stay for Marathon Monday, April 16th, and witness the world famous Boston Marathon.

Plan your visit to Boston at bostonusa.com.



REGISTER ONLINE: MEETINGS.GI.ORG

PROGRAM DESCRIPTION

ACG'S IBD School

IBD is an area of gastroenterology that continues to see rapid developments in diagnostic and medical therapeutic options. ACG's IBD School is a day-long educational program that combines an immersion in IBD management with a clinical update on new therapeutic and monitoring approaches. The goals of this course are to improve clinical judgment and to address the art and science of IBD management. The program will educate attendees in a practical manner regarding the natural history of disease, modifiable risk factors for adverse outcomes, diagnostic and prognostic testing, and rational decision making for medical treatment. The program will also address changes in epidemiologic trends, advances in laboratory, radiographic, and endoscopic modalities that directly impact diagnosis and management of IBD, as well as developments in surveillance of dysplasia in ulcerative colitis and Crohn's colitis. Some of the most challenging clinical scenarios, such as the approach to primary medication failure or secondary loss of response, will be discussed in great detail.

This program is designed for gastroenterologists, gastroenterology trainees, primary care physicians, nurses, physician assistants, and nurse practitioners interested in the latest information on IBD management.

Eastern Regional Postgraduate Course

The field of gastroenterology continues to experience an introduction of novel diagnostic techniques and therapeutic options affecting numerous areas of GI disease management and patient care. This program explores those areas which the gastroenterologist often faces in clinical practice, and addresses management updates in a variety of gastrointestinal and hepatic areas. During this course, multiple topics will be covered including dyspepsia, IBS, difficult functional cases, preventive care in IBD, colon cancer screening, bariatric endoscopy, abnormal liver tests, and diagnosis and management of achalasia. The structure of the program includes a mix of didactic presentations delivered by expert faculty, breakout sessions, case presentations, and significant question and answer opportunities. Non-CME hands-on sessions will also be offered.

This program is designed for gastroenterologists, gastroenterology trainees, primary care physicians, nurses, physician assistants, and nurse practitioners interested in the latest information on diagnostic GI and state-of-the-art treatment of GI illnesses.

ACG'S IBD SCHOOL—AGENDA

COURSE DIRECTORS:

Sunanda V. Kane, MD, MSPH, FACP, and David T. Rubin, MD, FACP

FRIDAY, APRIL 13, 2018

7:00 am Registration and Continental Breakfast

8:00 am Welcome and Introductions

David T. Rubin, MD, FACP

8:10 am Understanding the Epidemiology and Natural History of IBD for Clinicians

Ashwin N. Ananthkrishnan, MD, MBBS, MPH

Describe the epidemiology, natural history, and theories regarding the development of IBD, and differentiate IBD from its mimics.

8:30 am Goals of Caring for the IBD Patient

Corey A. Siegel, MD, MS

Analyze the available data and positioning in IBD management of patient-centered goals and published algorithms of care.

9:00 am Thoughtful Application of Diagnostic Tools in IBD: When to Use What

Samir A. Shah, MD, FACP

Discuss the appropriateness and timing of various diagnostic tools in IBD and review pearls for their proper use.

9:30 am How to Think About Immune Suppressive Agents in the Era of Biologics

Francis A. Farraye, MD, MSc, FACP

Explain the roles and positioning of immune suppressive agents including steroids, thiopurines, methotrexate, and tacrolimus.

10:00 am Q & A

10:15 am Refreshment Break

10:35 am Biological Therapies in IBD: The Revolution in IBD

David T. Rubin, MD, FACP

Recognize the role of biologics including appropriate candidates, the various mechanisms of action, and data to support each.

11:15 am Drug and Disease Monitoring

Corey A. Siegel, MD, MS

Critically analyze the available data supporting therapeutic drug monitoring, recommendations for pre-therapy testing, and proactive management while receiving therapies.

11:40 am Timing of Surgery and Prevention of Post-operative Recurrence

David T. Rubin, MD, FACP

Outline the management of patients who are surgical candidates, and describe the management of patients in the post-operative period.

11:55 am Lunch and Q & A with the Faculty

All faculty

1:30 pm Cancer Prevention in IBD

Francis A. Farraye, MD, MSc, FACG

Summarize primary and secondary cancer prevention in IBD patients, including the use of chromoendoscopy.

1:55 pm Management of EIM: Disease-related, Disease-unrelated, and Therapy-related

Jean-Paul Achkar, MD, FACG

Identify non-gastrointestinal conditions associated with IBD and their management.

2:20 pm Complementary and Alternative Medicine in IBD

Ali Keshavarzian, MD, MACG

Interpret the evidence base for popular alternative therapies including medical marijuana, herbal remedies, and probiotics.

2:45 pm Refreshment Break

3:00 pm Diet and Nutrition

Ali Keshavarzian, MD, MACG

Outline the evidence for different diets in managing patients with IBD.

3:25 pm The Pregnant Patient With IBD

Sonia Friedman, MD, FACG

Discuss IBD management strategies before and during pregnancy.

3:50 pm Microscopic Colitis

Ashwin N. Ananthakrishnan, MD, MBBS, MPH

Describe the epidemiology and management of microscopic colitis.

4:15 pm Q & A with the Faculty

All faculty

5:15 pm Course Wrap-up

David T. Rubin, MD, FACG

5:30 pm Course Adjourn

MOBILE APP INFORMATION

Included with your registration is complimentary access to the course presentations via the ACG Mobile App. The app can be used to view faculty presentations on tablets, mobile devices, and laptops. Attendees will be able to take notes and highlight key points on the presentation slides at the event and continue reviewing them when you get home. PDFs of the presentations can be downloaded directly from the app or can be printed from the website version of the app. Pre-registrants will receive access to the app prior to the course, to view, download, or print the presentation slides. **(NOTE: A printed syllabus will not be provided.)**



EASTERN REGIONAL POSTGRADUATE COURSE—AGENDA



COURSE DIRECTORS:

Timothy B. Gardner, MD, MS, FACP, and Jeffrey L. Nestler, MD, FACP

SATURDAY, APRIL 14, 2018

6:45 am Registration and Continental Breakfast in the Exhibit Hall

7:40 am Welcome Remarks and Announcements

Timothy B. Gardner, MD, MS, FACP, and Jeffrey L. Nestler, MD, FACP

SESSION 1: DYSPEPSIA AND MORE

Moderator: Paul Moayyedi, MB ChB, PhD, MPH, FACP

7:45 am Review of the ACG Management of Dyspepsia Guidelines

Paul Moayyedi, MB ChB, PhD, MPH, FACP

Describe the key points of the recently published ACG dyspepsia guidelines.

8:05 am IBS Pearls and Pitfalls

Brian E. Lacy, MD, PhD, FACP

Discuss practical approaches in the management of IBS patients.

8:25 am Difficult Functional Cases – The Experts Debate

Moderator: Jeffrey L. Nestler, MD, FACP

Brian E. Lacy, MD, PhD, FACP, and

Paul Moayyedi, MB ChB, PhD, MPH, FACP

Illustrate the management of complicated functional patients in a case-based format.

8:45 am Your Time With the Experts – Audience Clinical Questions

SESSION 2: PREVENTIVE CARE IN IBD AND MORE

Moderator: *Maria T. Abreu, MD*

9:05 am Preventive Care in IBD

Francis A. Farraye, MD, MSc, FACG

Explain the key points of the ACG Prevention in IBD guidelines.

9:25 am New Agents in Clinical Practice

Maria T. Abreu, MD

Identify the role of biosimilars and drug monitoring in IBD patients.

9:45 am Difficult IBD Cases – The Experts Debate

Moderator: *Timothy B. Gardner, MD, MS, FACG,*

Maria T. Abreu, MD, and Francis A. Farraye, MD, MSc, FACG

Demonstrate the management of complicated IBD patients in a case-based format.

10:05 am Your Time With the Experts – Audience Clinical Questions

10:25 am Refreshment Break / Visit the Exhibit Hall

SESSION 3: COLON CANCER SCREENING AND MORE

Moderator: *Carol A. Burke, MD, FACG*

10:45 am Review of Current Colorectal Cancer Screening Guidelines

Carol A. Burke, MD, FACG

Summarize the updated ACG colon cancer screening guidelines.

11:05 am Genetic Testing for Colorectal Cancer

Fay Kastrinos, MD

Define the important genetic components of colon cancer screening.

11:25 am Difficult CRC Cases – The Experts Debate

Moderator: *Jeffrey L. Nestler, MD, FACG*

Carol A. Burke, MD, FACG, and Fay Kastrinos, MD

Compare the management of complicated CRC patients.

11:45 am Your Time With the Experts – Audience Clinical Questions

12:05 pm Break / Buffet Lunch

12:25 pm Working Luncheon Presentation – Bariatric Endoscopy 2018

Christopher C. Thompson, MD, MSc, FACG

Recognize the advances in bariatric endoscopy and their implications for the gastroenterologist.

1:05 pm Break – Dessert in the Exhibit Hall

 **REGISTER BY MARCH 15 AND SAVE!**
meetings.gi.org

EASTERN REGIONAL POSTGRADUATE COURSE—AGENDA

SATURDAY AFTERNOON GENERAL SESSIONS / HANDS-ON WORKSHOP SESSIONS:

**Hands-on workshops do not offer CME.*

1:25 pm **Pancreatic Cysts: Much Ado About Nothing?**

Christopher J. DiMaio, MD, FACG

Define the current management considerations for pancreatic cystic disease.

OR Hands-on Workshop Session*

2:20 pm **Barrett's Esophagus: From Surveillance to Ablation**

Nicholas J. Shaheen, MD, MPH, FACG

Discuss the options for management of Barrett's esophagus.

OR Hands-on Workshop Session*

3:15 pm **Complementary and Alternative Medicine Therapies for the Gastroenterologist**

Ali Keshavarzian, MD, MACG

Appraise CAM therapies that can be used by gastroenterologists.

OR Hands-on Workshop Session*

4:10 pm **Fecal Transplant: *C. difficile* and Beyond**

Amy E. Barto, MD

Outline the current clinical state of fecal transplantation.

OR Hands-on Workshop Session*

4:55 pm **Course Adjourns for the Day**

HANDS-ON WORKSHOPS

All Regional Course attendees have the opportunity to participate in the Hands-on Workshops at no additional charge. These sessions focus on specific endoscopic procedures, and offer participants a chance to gain tactile experience using a variety of tools and techniques. Faculty will demonstrate devices or techniques, and attendees will have the opportunity to practice. While the hands-on workshop sessions do not offer CME, they are a valuable learning experience and give attendees the chance to interact with the experts. Hands-on workshops will be concurrent with the general sessions on Saturday afternoon. Space is limited. Registrants are able to select their top stations when they register for the course. The College will assign stations time based on availability.

HANDS-ON WORKSHOP SESSIONS

REGIONAL COURSE WORKSHOP DIRECTORS:

Kevin E. Woods, MD, MPH, and Shivangi T. Kothari, MD, FACG

8 hands-on stations will be offered. The stations are:

- ✓ Mucosal Ablation: RFA
- ✓ Mucosal Ablation: Cryotherapy
- ✓ EMR
- ✓ ESD
- ✓ ERCP
- ✓ Foreign Body Removal
- ✓ Hemostasis
- ✓ Hemorrhoid Therapy

SUNDAY, APRIL 15, 2018

7:00 am Registration and Continental Breakfast in the Exhibit Hall

7:55 am Welcome and Announcements

Timothy B. Gardner, MD, MS, FACG, and Jeffry L. Nestler, MD, FACG

SESSION 4: EVALUATION OF ABNORMAL LIVER TESTS AND MORE

Moderator: Mitchell L. Shiffman, MD, FACG

8:00 am Review of ACG Guidelines on Evaluation of Abnormal Liver Chemistries

Stanley M. Cohen, MD, FACG

Identify the most important features of the ACG abnormal liver chemistry guidelines.

8:20 am Hepatitis C Treatment – What Do I Really Need to Know?

Mitchell L. Shiffman, MD, FACG

Describe the up-to-date management of chronic active hepatitis C.

8:40 am Difficult Hepatology Cases – The Experts Debate

Moderator: Timothy B. Gardner, MD, MS, FACG

Stanley M. Cohen, MD, FACG, and Mitchell L. Shiffman, MD, FACG

Explain management of complicated hepatology patients.

9:00 am Your Time With the Experts – Audience Clinical Questions

9:20 am Refreshment Break / Visit the Exhibit Hall

SESSION 5: DIAGNOSIS AND MANAGEMENT OF ACHALASIA AND MORE

Moderator: Stavros Stavropoulos, MD

9:50 am High Resolution Manometry: Helpful or Hype?

Philip O. Katz, MD, MACG

Distinguish the benefits of performing high-resolution manometry.

10:10 am Achalasia: POEM / Dilation / Myotomy

Stavros Stavropoulos, MD

Analyze different approaches to the management of achalasia.

10:30 am Difficult Esophageal Cases – The Experts Debate

Moderator: Jeffry L. Nestler, MD, FACG

Philip O. Katz, MD, MACG, and Stavros Stavropoulos, MD

Compare the management of esophageal patients.

10:50 am Your Time With the Experts – Audience Clinical Questions

11:10 am Course Wrap-up and Take-away Points

Timothy B. Gardner, MD, MS, FACG,

and Jeffry L. Nestler, MD, FACG

11:25 am Course Adjourns



REGISTRATION INFORMATION / ACCREDITATION

REGISTRATION INFORMATION

There are separate registration fees for ACG's IBD School and the ACG Eastern Regional Postgraduate Course. The registration fee includes admission to all sessions, continental breakfasts, lunch on Friday for ACG's IBD School attendees, lunch on Saturday for Eastern Regional Postgraduate Course attendees, and refreshment breaks. All registrants must pay the full registration fee; partial registration is not available.

Full refund of registration fees will be given, less a \$25 administrative fee, if written notice of cancellation is received by ACG by **March 15, 2018**. No refunds will be given after this date.

ACG'S IBD SCHOOL REGISTRATION		
ACG MEMBER TYPE	EARLY BIRD (by 3/15)	FEE (AFTER 3/15)
Physician	\$125	\$200
Resident / Trainee / Candidate	\$125	\$200
Associate / Advanced Practice Provider	\$125	\$200
NON-MEMBER TYPE		
Physicians / PharmD / PhD / Guest	\$175	\$250
Resident / Trainee	\$175	\$250
NP / PA / Allied Health (RN, LPN)	\$175	\$250

EASTERN REGIONAL COURSE REGISTRATION		
ACG MEMBER TYPE	EARLY BIRD (by 3/15)	FEE (AFTER 3/15)
Physician	\$449	\$499
Resident / Trainee / Candidate	\$179	\$254
Associate / Advanced Practice Provider	\$289	\$364
NON-MEMBER TYPE		
Physicians / PharmD / PhD / Guest	\$549	\$599
Resident / Trainee	\$229	\$304
NP / PA / Allied Health (RN, LPN)	\$349	\$424

ACCREDITATION / CME / MOC

The American College of Gastroenterology is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

ACG's IBD School

The American College of Gastroenterology designates this live activity for a maximum of 9 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 9 MOC points in the American

Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Eastern Regional Postgraduate Course

The American College of Gastroenterology designates this live activity for a maximum of 10.75 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 10.75 MOC points in the American

Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

ACCOMMODATIONS

The programs will be held at the Seaport Hotel & World Trade Center. Located in the popular Seaport District, the Institute of Contemporary Art, Boston Children's Museum, HarborWalk, Boston Tea Party Ships and Museum, New England Aquarium, plus numerous restaurants, are all within a short walk from the hotel. To make your reservations at the Seaport Hotel & World Trade Center, call 877-732-7678. Special meeting rates per night are \$249, single or double, plus tax (currently 14.45%) and service fees. All major credit cards are accepted. All reservations require a deposit of one night's room and tax upon reservation. Reservations must be made by **March 15, 2018** in order to receive the special meeting rate. Only a certain number of rooms are available at this rate and are available on a first-come, first-served basis. Once ACG's room block is sold out, the hotel may charge a higher rate for any additional rooms made available. Cancellations not made by 3:00 pm on the scheduled day of arrival will be charged one night's room and tax. Check-in is 3:00 pm. Check-out is 12:00 noon. The Seaport Hotel & World Trade Center is located at One Seaport Lane, Boston, MA 02210.

Access to the on-site Wave Health & Fitness Club is complimentary, and internet access is free in all guest rooms and public spaces. Self-parking is available at a fee of \$37 per day with in/out privileges.

MORE INFORMATION

For more information about the meeting, contact education@gi.org.

Americans with Disabilities Act: Attendees of this ACG Regional Course who need additional reasonable accommodations or who have special needs (please indicate any dietary needs on the registration form) should contact the ACG office by email at registration@gi.org no later than **March 15, 2018**.



AMERICAN COLLEGE
OF GASTROENTEROLOGY
6400 Goldsboro Road, Suite 200
Bethesda, MD 20817

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Bring your challenging clinical case
questions and **ask the experts!**



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