

# 2018



## ACG'S IBD SCHOOL & ACG / VGS / ODSGNA REGIONAL POSTGRADUATE COURSE

SEPTEMBER 7-9, 2018 | WILLIAMSBURG LODGE  
WILLIAMSBURG, VA

ACG'S IBD SCHOOL

ACG / VGS / ODSGNA REGIONAL COURSE

EARN UP TO **9 CME CREDITS** | EARN UP TO **9 MOC POINTS**

EARN UP TO **10.25 CME CREDITS** | EARN UP TO **10.25 MOC POINTS**

**NEW PROGRAMMING ADDED:**

Attend IBD School on Friday,  
earn more CME & MOC!



# 2018

## ACG'S IBD SCHOOL & ACG / VGS / ODSGNA REGIONAL POSTGRADUATE COURSE



### ACG'S IBD SCHOOL AND THE ACG / VGS / ODSGNA REGIONAL POSTGRADUATE COURSE ARE DESIGNED TO MEET THE NEEDS OF THE ENTIRE GI TEAM.

Join colleagues at these two outstanding programs developed specifically for gastroenterologists, nurse practitioners, physician assistants, nurses, and other members of the GI patient care team.

The programs are ideal for health care providers who want a comprehensive update but don't want to spend valuable time away from the office.

**New for 2018**, we have added a full day of education on Friday with *ACG's IBD School* - nearly doubling the total education time offered for the weekend. ACG's IBD School is a day-long interactive educational program that focuses on the art and science of IBD.

The ACG / VGS / ODSGNA Regional Postgraduate Course, with a full day of programming on Saturday and a half day on Sunday, offers an agenda that features presentations on esophageal motility



REGISTER ONLINE:  
[MEETINGS.GI.ORG](https://meetings.gi.org)

September 7-9 2018  
WILLIAMSBURG LODGE • WILLIAMSBURG, VIRGINIA

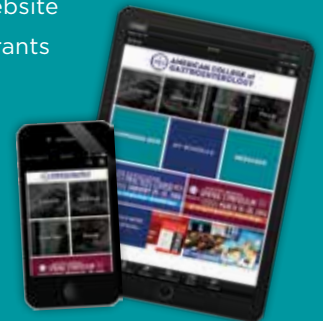
disorders, complications in ERCP, the newest approaches to hepatitis C management, incorporating advanced practitioners into a clinical practice, therapeutic drug monitoring for IBD patients, and current best practices for colon polypectomies. In addition, the keynote lecture, Quality in Gastroenterology: Where We Are in 2018, will provide valuable pearls to improve your practice metrics and the care of your patients. The program will also feature a special Nursing Breakout Session on Saturday afternoon, and fellows' case presentations illustrating difficult GI management issues.

Step back in time with a visit to the Historic Area of Colonial Williamsburg, which is just steps from the Williamsburg Lodge. Colonial Williamsburg features more than 500 restored and reconstructed buildings set on a 300-acre historic site. The Lodge is now a Marriott Autograph Collection hotel, so make your reservation and earn or redeem Marriott reward points! As a guest of the Lodge, you will enjoy discounts on admission passes to Colonial Williamsburg's Historic Area, preferred reservations for dining at Colonial Williamsburg taverns and restaurants, tee times at the Golden Horseshoe Golf Club, and more than 40 shops within walking distance.

**Plan your visit to Williamsburg at [www.history.org](http://www.history.org).**

## **MOBILE APP INFORMATION**

Included with your registration is complimentary access to the course presentations via the **ACG Mobile App**. The app can be used to view faculty presentations on tablets, mobile devices, and laptops. Attendees will be able to take notes and highlight key points on the presentation slides at the event, and can continue reviewing them after the course. PDFs of the presentations can be downloaded directly from the app or can be printed from the website version of the app. Pre-registrants will receive access to the app prior to the course, to view, download, or print the presentation slides. **(NOTE: A printed syllabus will not be provided.)**





# ACG's IBD SCHOOL

Applying  
**THE EVIDENCE** to everyday  
**CLINICAL PRACTICE.**

## **COURSE DIRECTORS:**

Sunanda V. Kane, MD, MSPH, FACG, and David T. Rubin, MD, FACG

## **FRIDAY, SEPTEMBER 7, 2018**

**7:00 am** Registration and Continental Breakfast

**8:00 am** Welcome and Introductions

*David T. Rubin, MD, FACG*

**8:10 am** Understanding the Epidemiology and Natural History of IBD  
for Clinicians

*Millie D. Long, MD, MPH, FACG*

Describe the epidemiology, natural history, and theories regarding the development of IBD, and differentiate IBD from its mimics.

**8:30 am** Goals of Caring for the IBD Patient

*Jessica R. Allegretti, MD, MPH*

Analyze the available data and positioning in IBD management of patient-centered goals and published algorithms of care.

**9:00 am** Thoughtful Application of Diagnostic Tools in IBD: When to Use What

*Aline Charabaty, MD*

Discuss the appropriateness and timing of various diagnostic tools in IBD and review pearls for their proper use.

**9:30 am** How to Think About Immune Suppressive Agents in the  
Era of Biologics

*Brian W. Behm, MD*

Explain the roles and positioning of immune suppressive agents including steroids, thiopurines, methotrexate, and tacrolimus.

10:00 am **Q & A**

10:15 am **Refreshment Break**

10:35 am **Biological Therapies in IBD: The Revolution in IBD**

*David T. Rubin, MD, FACG*

Recognize the role of biologics including appropriate candidates, the various mechanisms of action, and data to support each.

11:15 am **Drug and Disease Monitoring**

*Jill Gaidos, MD, FACG*

Critically analyze the available data supporting therapeutic drug monitoring, recommendations for pre-therapy testing, and proactive management while receiving therapies.

11:40 am **Timing of Surgery and Prevention of Postoperative Recurrence**

*Millie D. Long, MD, MPH, FACG*

Outline the management of patients who are surgical candidates, and describe the management of patients in the postoperative period.

11:55 am **Lunch and Q & A with the Faculty**

*All faculty*

1:30 pm **Cancer Prevention in IBD**

*Jessica R. Allegretti, MD, MPH*

Summarize primary and secondary cancer prevention in IBD patients including the use of chromoendoscopy.

1:55 pm **Management of EIM: Disease-related, Disease-unrelated, and Therapy-related**

*Dawn M. Beaulieu, MD*

Identify non-gastrointestinal conditions associated with IBD and their management.

2:20 pm **Complementary and Alternative Medicine in IBD**

*Brian W. Behm, MD*

Interpret the evidence base for popular alternative therapies including medical marijuana, herbal remedies, and probiotics.

2:45 pm **Refreshment Break**

3:00 pm **Diet and Nutrition**

*John F. Kuemmerle, Jr., MD, FACG*

Outline the evidence for different diets in managing patients with IBD.

3:25 pm **The Pregnant Patient With IBD**

*Jill Gaidos, MD, FACG*

Discuss IBD management strategies before and during pregnancy.

3:50 pm **Microscopic Colitis**

*Dawn M. Beaulieu, MD*

Describe the epidemiology and management of microscopic colitis.

4:15 pm **Q & A with the Faculty**

*All faculty*

5:15 pm **Course Wrap-up**

*David T. Rubin, MD, FACG*

5:30 pm **Course Adjourns**

# ACG / VGS / ODSGNA REGIONAL POSTGRADUATE COURSE—AGENDA



## **COURSE DIRECTORS:**

Nicolas M. Intagliata, MD, and Eileen Babb, BSN, RN, CGRN, CFER

## **COURSE CO-DIRECTORS:**

Savita Srivastava, MD and Donna Dickinson, MSN, RN, CGRN, CMSRN, CFER

## **SATURDAY, SEPTEMBER 8, 2018**

**7:00 am** Registration and Continental Breakfast / Visit Exhibit Hall

**7:40 am** Welcome Remarks and Announcements

*Nicolas M. Intagliata, MD, Eileen Babb, BSN, RN, CGRN, CFER,*

*Savita Srivastava, MD, and Donna Dickinson, MSN, RN, CGRN, CMSRN, CFER*

## **SESSION 1: UPPPER GI**

*Moderator: Savita Srivastava, MD*

**8:00 am** Management of Ulcer Disease in the Upper GI Tract

*William D. Chey, MD, FACP*

Describe management strategies currently in use and on the horizon for ulcer disease in the upper GI tract.

**8:20 am** How I Manage Patients With Bloating

*Nitin K. Ahuja, MD*

Recognize symptoms of upper GI functional disorders and explain how best to manage them.

**8:40 am** Esophageal Motility Disorders: Diagnosis and Therapy

*Rena H. Yadlapati, MD*

Discuss tips on interpreting motility studies of the esophagus and how to treat motility disorders.

9:00 am Panel Discussion / Q & A

9:25 am Break / Visit Exhibits

## SESSION 2: PANCREATICO-BILIARY

*Moderator: Nicolas M. Intagliata, MD*

9:45 am **How to Avoid Complications in ERCP**

*James M. Scheiman, MD, FACG*

Identify the safest approaches to ERCP that will reduce the chance of complications.

10:05 am **Managing the Difficult Bile Duct Stone**

*Doumit S. BouHaidar, MD*

Recognize what constitutes a potentially challenging bile duct stone and how best to approach it.

10:25 am **Diagnosing, Managing, and Following Pancreatic Cysts**

*Jennifer L. Maranki, MD*

Explain the most current strategy to diagnose and manage pancreatic cysts.

10:45 am Panel Discussion / Q & A

11:15 am **Keynote Lecture -**

**Quality in Gastroenterology: Where We Are in 2018**

*Irving M. Pike, MD, FACG*

Discuss the most recent innovations and methods to ensure quality in your practice and care of your patients.

11:45 am **Lunch Break (boxed lunches provided) / Visit Exhibits**

## SESSION 3: LIVER

*Moderator: Nicolas M. Intagliata, MD*

12:15 pm **NASH - What Therapies Are on the Horizon?**

*Manal F. Abdelmalek, MD, MPH, FACG*

Describe recent advances in clinical trials for NASH and the promising therapies that may be on the horizon.

12:35 pm **Treatment of Alcoholic Hepatitis: From Steroids to Liver Transplantation**

*Zachary H. Henry, MD*

Analyze controversies in the management of alcoholic hepatitis.

12:55 pm **A New Era in the Management of HCV Infection**

*Richard K. Sterling, MD, MSc, FACG*

Analyze the newest approach to hepatitis C care in the United States.

1:15 pm Panel Discussion / Q & A

1:40 pm Break / Visit Exhibits



## **NEW PROGRAMMING ADDED:**

Attend IBD School on Friday, earn more CME & MOC!

# ACG / VGS / ODSGNA REGIONAL POSTGRADUATE COURSE—AGENDA

**2:00 pm – 4:30 pm—Attendees can choose to attend the Practice Management Session or the Nursing Workshop on Safety in Endoscopy.**

## SESSION 4: PRACTICE MANAGEMENT

*Moderator: Savita Srivastava, MD*

**2:00 pm Incorporating Advanced Practitioners Into Your Clinical Practice**

*Daniel J. Pambianco, MD, FACG*

Identify how advanced practitioners can play a critical role in digestive disease healthcare models in both academic and private practice settings.

**2:20 pm New Sources of GI Revenue in the Era of Diminishing Endoscopy Reimbursement: A Primer**

*Jan A. Janson, MD, FACG*

Summarize the vital importance of ancillary services to the profitability of private practice, specify the major opportunities in gastroenterology, and use real-life examples to demonstrate success in ancillary services.

**2:40 pm Panel Discussion / Q & A**

**3:05 pm Clinical Dilemmas and Cases Presented by Clinical Fellows From UVA, VCU, and Carilion**

*Moderator: Neeral L. Shah, MD, FACG*

**4:00 pm Panel Discussion / Q & A**

**4:15 pm Practice Management Session Adjourns**

## NURSING WORKSHOP: SAFETY IN ENDOSCOPY

**2:00 pm Getting the Most Out of Your SGNA Membership**

*Cathy Bauer, MSN, MBA, CGRN, CFER, SGNA President 2018–2019*

**2:15 pm Procedure Room Safety Considerations**

*Conrad Worrell, RN, CGRN, CSN*

**2:45 pm Office-based Safety Considerations**

*Pamela Hopkins, RN*

**3:00 pm Infection Prevention**

*Donna Dickinson, MSN, RN, CGRN, CMSRN, CFER*

**3:15 pm Quality Measures**

*Cameron Childress, BSN, BSBio*

**3:30 pm Information Technology**

*Cathy Bauer, MSN, MBA, CGRN, CFER*

**3:45 pm Specimen Management**

*Eileen Babb, BSN, RN, CGRN, CFER*

**4:00 pm Panel Discussion / Q & A**

**4:30 pm Nursing Workshop Adjourns**



## SUNDAY, SEPTEMBER 9, 2018

**7:00 am** Continental Breakfast / Visit the Exhibit Hall

**7:30 am** VGS and ODSGNA Board Meetings

**8:25 am** Welcome and Announcements

*Nicolas M. Intagliata, MD, Eileen Babb, BSN, RN, CGRN, CFER,  
Savita Srivastava, MD, and  
Donna Dickinson, MSN, RN, CGRN, CMSRN, CFER*

### SESSION 5: IBD

*Moderator: Savita Srivastava, MD*

**8:30 am** Managing Infections in the IBD Patient

*Millie D. Long, MD, MPH, FACG*

Discuss the management of IBD patients with infections including *C. difficile*, pneumonia, hepatitis, mono, and post-operative infections.

**8:50 am** Managing the Pouch Patient

*Jill Gaidos, MD, FACG*

Explain the specifics of care in pouch patients with IBD.

**9:10 am** Therapeutic Drug Monitoring: Proactive or Reactive?

*Anne G. Tuskey, MD, FACG*

Summarize the current evidence for therapeutic drug monitoring in the IBD patient.

**9:30 am** Panel Discussion / Q & A

**9:50 am** Break / Visit the Exhibit Hall

### SESSION 6: LOWER GI

*Moderator: Nicolas M. Intagliata, MD*

**10:10 am** Difficult Colon Polyps: Best Practices in Detection and Polypectomies in 2018

*Carol A. Burke, MD, FACG*

Identify the best practices for detecting and removing colon polyps, from diminutive to complex polypectomies.

**10:30 am** Fecal Microbiota Transplantation: Practical Applications in Clinical Practice

*Monika Fischer, MD, MS*

Recognize the proper use of FMT in clinical practice and potential innovations in this field that are on the horizon.

**10:50 am** Constipation - Pearls and Pitfalls

*Jeanetta W. Frye, MD*

Describe practical management strategies for the patient with constipation.

**11:10 am** Panel Discussion / Q & A

**11:30 am** Course Wrap-up and Take-away Points

*Nicolas M. Intagliata, MD,  
and Savita Srivastava, MD*

**11:45 am** Course Adjourns



# PROGRAM DESCRIPTION / REGISTRATION INFORMATION

## PROGRAM DESCRIPTION

### ACG'S IBD School

IBD is an area of gastroenterology that continues to see rapid developments in diagnostic and medical therapeutic options. ACG's IBD School is a day-long educational program that combines an immersion in IBD management with a clinical update on new therapeutic and monitoring approaches. The goals of this course are to improve clinical judgment and to address the art and science of IBD management. The program will educate attendees in a practical manner regarding the natural history of disease, modifiable risk factors for adverse outcomes, diagnostic and prognostic testing, and rational decision making for medical treatment. The program will also address changes in epidemiologic trends, advances in laboratory, radiographic, and endoscopic modalities that directly impact diagnosis and management of IBD, as well as developments in surveillance of dysplasia in ulcerative colitis and Crohn's colitis. Some of the most challenging clinical scenarios, such as the approach to primary medication failure or secondary loss of response, will be discussed in great detail.

This program is designed for gastroenterologists, gastroenterology trainees, primary care physicians, nurses, physician assistants, and nurse practitioners interested in the latest information on IBD management.

### ACG / VGS / ODSGNA Regional Postgraduate Course

The field of gastroenterology continues to experience an introduction of novel diagnostic techniques and therapeutic options, affecting numerous areas of GI disease management and patient care. This program explores those areas which the gastroenterologist often faces in clinical practice and addresses management updates in a variety of gastrointestinal and hepatic areas. This course will explore multiple areas, including the upper GI tract, pancreatobiliary, hepatology, practice management, IBD, and the lower GI tract. The structure of the program includes a mix of didactic presentations delivered by expert faculty, breakout sessions, case presentations, and significant question and answer opportunities.

This program is designed for gastroenterologists, gastroenterology trainees, primary care physicians, nurses, physician assistants, and nurse practitioners interested in the latest information on diagnostic GI and state-of-the-art treatment of GI illnesses.



**REGISTER BY AUGUST 1 AND SAVE!**

[meetings.gi.org](https://meetings.gi.org)

## REGISTRATION INFORMATION

There are separate registration fees for ACG's IBD School and the ACG / VGS / ODSGNA Regional Postgraduate Course. The registration fee for each program includes admission to all sessions, continental breakfasts, lunch on Friday for ACG's IBD School attendees, lunch on Saturday for Regional Postgraduate Course attendees, and refreshment breaks. All registrants must pay the full registration fee; partial registration is not available.

A full refund of registration fees will be given, less a \$25 administrative fee, if written notice of cancellation is received by ACG by **August 1, 2018**. No refunds will be given after this date.

ACG'S IBD SCHOOL REGISTRATION		
ACG / VGS / SGNA MEMBER TYPE	EARLY BIRD (by 8/1)	FEE (AFTER 8/1)
ACG / VGS Physician Member	\$125	\$200
ACG Resident / Trainee / Candidate Member SGNA Endo Tech Member	\$125	\$200
ACG Associate Member / Advanced Practice Provider SGNA Allied Health / NP / PA Member	\$125	\$200
NON-MEMBER TYPE		
Physicians / PharmD / PhD / Guest	\$175	\$250
Resident / Trainee / Endo Tech	\$175	\$250
NP / PA / Allied Health (RN, LPN)	\$175	\$250

ACG / VGS / ODSGNA REGIONAL COURSE REGISTRATION		
ACG / VGS / SGNA MEMBER TYPE	EARLY BIRD (by 8/1)	FEE (AFTER 8/1)
ACG / VGS Physician Member	\$299	\$379
ACG Trainee / Resident / Candidate Member SGNA Endo Tech Member	\$149	\$209
ACG Associate Member SGNA Allied Health Member	\$169	\$209
ACG Advanced Practice Provider SGNA NP / PA Member	\$189	\$229
NON-MEMBER TYPE		
Physicians / PharmD / PhD / Guest	\$399	\$479
Trainee / Resident / Endo Tech	\$219	\$289
NP / PA / Allied Health (RN, LPN)	\$279	\$349



## ACCREDITATION / CME / MOC

### ACG's IBD School

The American College of Gastroenterology is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Gastroenterology designates this live activity for a maximum of 9 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 9 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

## ACG / VGS / ODSGNA Regional Postgraduate Course

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American College of Gastroenterology, the Virginia Gastroenterological Society, and the Old Dominion Society of Gastroenterology Nurses and Associates. The American College of Gastroenterology is accredited by the ACCME to provide continuing medical education for physicians.

The American College of Gastroenterology designates this live activity for a maximum of 10.25 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 10.25 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

## Nursing Credits

This educational activity has been submitted to the Society of Gastroenterology Nurses and Associates, Inc., for approval. The Society of Gastroenterology Nurses and Associates, Inc., is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.





# ACCOMMODATIONS



## HOTEL ACCOMMODATIONS

Rooms are available at the Williamsburg Lodge Autograph Collection Hotel and the Woodlands Hotel and Suites. Reservations for either hotel can be made by calling 1-800-261-9530 (8:30 am–5:00 pm, Eastern Time, Monday–Friday). The special meeting rate at the Williamsburg Lodge is \$192/night for a Superior Room, and \$234/night for a Deluxe Room. The special meeting rate at the Woodlands Hotel and Suites is \$142/night for a single/double room. Taxes of 11% and a \$2.00 per room, per night occupancy tax are not included. Reservations must be made before **August 1, 2018** in order to receive the special meeting rate. Only a certain number of rooms are available at these rates and are available on a first-come, first-served basis. **Once ACG's room block is sold out, the hotel may charge a higher rate for any additional rooms made available.** Requests for reservations received after this date will be on a space-available basis only.

The Williamsburg Lodge is now part of the Marriott Autograph Collection. Make your reservation and earn or redeem Marriott reward points! All reservations require a deposit of one night's room and tax upon reservation. All major credit cards are accepted. Individual deposits are refundable, provided notice of cancellation is received by the Lodge by 5:00 pm, Eastern Time, at least three business days prior to the reserved date of arrival. Check-in time is 4:00 pm. Check-out time is 11:00 am. The Williamsburg Lodge is located at 310 South England Street in the Historic Area of Williamsburg. The Woodlands Hotel and Suites is conveniently located at the Visitor Center for Colonial Williamsburg at 105 Visitor Center Drive.

Complimentary wireless internet access is available in guest rooms and meeting rooms. Complimentary self-parking is offered to all conference attendees, as well as access to the Colonial Williamsburg shuttle bus service throughout the Historic Area and Merchant Square.

*Please note that there is no shuttle service between the Woodlands Hotel and the Williamsburg Lodge.* The two hotels are approximately 1.5 mile apart.

## MORE INFORMATION

For more information about these programs, contact ACG at [education@gi.org](mailto:education@gi.org).

Americans with Disabilities Act: Attendees of these ACG programs who need additional reasonable accommodations or who have special needs (please indicate any dietary needs on the registration form) should contact the ACG office at [registration@gi.org](mailto:registration@gi.org) no later than **August 1, 2018**.





AMERICAN COLLEGE  
OF GASTROENTEROLOGY  
6400 Goldsboro Road, Suite 200  
Bethesda, MD 20817

2018

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**SEPTEMBER 7-9, 2018** | WILLIAMSBURG LODGE,  
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