



2018

ACG'S HEPATOLOGY SCHOOL & MIDWEST REGIONAL POSTGRADUATE COURSE

SHERATON INDIANAPOLIS CITY CENTRE HOTEL, INDIANAPOLIS, IN
AUGUST 24-26, 2018

ACG'S HEPATOLOGY SCHOOL

MIDWEST REGIONAL COURSE

EARN UP TO **8** CME CREDITS

EARN UP TO **8** MOC POINTS

EARN UP TO **12** CME CREDITS

EARN UP TO **12** MOC POINTS



2018

ACG'S HEPATOLOGY SCHOOL & MIDWEST REGIONAL POSTGRADUATE COURSE



MARK YOUR CALENDAR FOR ACG'S HEPATOLOGY SCHOOL AND MIDWEST REGIONAL POSTGRADUATE COURSE, AUGUST 24-26, AT THE SHERATON INDIANAPOLIS CITY CENTRE HOTEL, INDIANAPOLIS, IN

While in Indianapolis, venture into the great outdoors or stay inside to watch your favorite sports action. Take a trek along the Indianapolis Cultural Trail, the first of its kind, which is a 16-mile urban trail connecting six cultural enclaves, 50 attractions, and nearly 200 restaurants. Take a tour of the homes of the Colts and the Pacers, see a minor league baseball game at Victory Field, or visit the NCAA Hall of Champions. Take a short drive and see the Indianapolis Motor Speedway, home of the Indianapolis 500.

This year's Hepatology School and Midwest Regional Postgraduate Course will take place at the Sheraton Indianapolis City Centre Hotel. Located in downtown Indianapolis, you'll find plenty of sightseeing and dining options just blocks from the hotel.

Plan your visit to Indianapolis at visitindy.com.



**REGISTER ONLINE:
MEETINGS.GI.ORG**

August 24-26, 2018
SHERATON INDIANAPOLIS CITY CENTRE HOTEL, INDIANAPOLIS, IN

PROGRAM DESCRIPTION

ACG's Hepatology School

After completing ACG's Hepatology School, attendees will be able to identify appropriate candidates for hepatitis therapy, describe the pre-treatment evaluation, recommend appropriate therapies for naïve and previously treated hepatitis C patients based on genotype and be able to address the side effects of these therapies, and understand the timeline of new drug development for the treatment of hepatitis C infection. Participating in this educational activity will also enable learners to analyze the challenges in treating patients with NAFLD, disorders of iron metabolism, primary biliary cholangitis, hepatic encephalopathy, and hepatocellular carcinoma. The structure of the program includes a mix of didactic presentations and case-based presentations delivered by expert faculty.

This program is designed for gastroenterologists, primary care physicians, nurses, physician assistants, and nurse practitioners interested in the latest information on liver diseases and state-of-the-art treatment of these illnesses.

Midwest Regional Postgraduate Course

The field of gastroenterology continues to experience an introduction of novel diagnostic techniques and therapeutic options affecting numerous areas of GI disease management and patient care. This program explores those areas which the gastroenterologist often faces in clinical practice and addresses management updates in a variety of gastrointestinal and hepatic areas. During this course, multiple areas will be covered, including lower GI, IBD, hepatology, burnout, obesity, colon cancer screening, and general GI. The structure of the program includes a mix of didactic presentations delivered by expert faculty, breakout sessions, case presentations, and significant question and answer opportunities. Non-CME hands-on sessions will also be offered.

This program is designed for gastroenterologists, gastroenterology trainees, primary care physicians, nurses, physician assistants and nurse practitioners interested in the latest information on diagnostic GI and state-of-the-art treatment of GI illnesses.

ACG'S HEPATOLOGY SCHOOL—AGENDA

COURSE DIRECTORS:

David E. Bernstein, MD, FACP, Paul Y. Kwo, MD, FACP, and Mitchell L. Shiffman, MD, FACP

FRIDAY, AUGUST 24, 2018

8:00 am Welcome and Introduction
David E. Bernstein, MD, FACP

SESSION 1: VIRAL HEPATITIS

8:10 am HCV – Treatment and Post-treatment Follow-up
David E. Bernstein, MD, FACP
Summarize the current management options for chronic HCV infection and describe post-treatment follow-up.

8:30 am Treatment of HCV in Patients With End-stage Organ Disease and Other Populations
Paul Y. Kwo, MD, FACP
Describe the current available treatments for patients with HCV and end-stage liver disease.

8:50 am Natural History and Diagnosis of HBV
Mitchell L. Shiffman, MD, FACP
Discuss the natural history of HBV, serologies, the different immune stages of the disease, and screening recommendations for HCC in patients with HBV.

9:10 am HBV Treatment
Mark W. Russo, MD, MPH, FACP
Explain current recommendations for the treatment of HBV including in pregnant patients, and strategies to prevent reactivation.

9:30 am Q & A

9:45 am Break

10:00 am Assessing Fibrosis in the Management of Chronic Liver Disease
Joseph K. Lim, MD, FACP
Discuss the strengths and weaknesses of the currently available modalities used to assess hepatic fibrosis.

10:25 am Routine Care of the Patient With Cirrhosis
Catherine T. Frenette, MD
Define the liver-specific care of patients with cirrhosis including the evaluation of complications of portal hypertension.

10:50 am Hepatic Encephalopathy
Mitchell L. Shiffman, MD, FACP
Identify the classification, diagnostic testing, and treatment of hepatic encephalopathy.

11:15 am Hepatocellular Carcinoma
Paul Y. Kwo, MD, FACP
List risk factors, screening, evaluation methods, and treatments for patients with HCC.

11:40 am Q & A

11:55 am Break

12:15 pm Lunch With Faculty and Case Presentations / Q & A
Mitchell L. Shiffman, MD, FACP

1:15 pm The Role of the Advanced Health Care Provider in the GI Hepatology Practice
April G. Morris, FNP
Outline the role of AHCPs in working with chronic liver disease patients.

SESSION 2: CAUSES OF LIVER DISEASE

1:40 pm **Management of NAFLD**

Catherine T. Frenette, MD

Describe the causes, epidemiology, natural history, and treatment of NAFLD.

2:05 pm **Diagnosis and Management of Alcoholic Liver Disease and Alcoholic Hepatitis**

Mark W. Russo, MD, MPH, FACG

Discuss liver diseases secondary to alcohol use and their treatments.

2:30 pm **Metabolic Liver Disorders**

Joseph K. Lim, MD, FACG

Explain the causes, epidemiology, natural history, and treatments of hereditary hemochromatosis, Wilson's disease, and alpha-1 antitrypsin deficiency.

2:55 pm **Q & A**

3:10 pm **Break**

SESSION 3: PBC AND OTHER IMMUNE DISORDERS

3:25 pm **Primary Biliary Cholangitis**

David E. Bernstein, MD, FACG

Identify the epidemiology, natural history, and treatments of PBC.

3:45 pm **Autoimmune Hepatitis and Its Variants**

Paul Y. Kwo, MD, FACG

Explain the epidemiology, natural history, and treatments of autoimmune hepatitis and primary sclerosing cholangitis.

4:05 pm **Drug-Induced Liver Injury**

Mark W. Russo, MD, MPH, FACG

Describe the typical patterns of drug-induced liver injury and commonly used medications that may cause it.

4:25 pm **Q & A**

4:40 pm **Course Wrap-up and Take-away Points**

Mitchell L. Shiffman, MD, FACG

4:50 pm **Course Adjourns**

MOBILE APP INFORMATION

Included with your registration is complimentary access to the course presentations via the ACG Mobile app. The app can be used to view faculty presentations on tablets, mobile devices, and laptops. Attendees will be able to take notes and highlight key points on the presentation slides at the event, and can continue reviewing them after the course. PDFs of the presentations can be downloaded directly from the app or can be printed from the website version of the app. Pre-registrants will receive access to the app prior to the course to view, download, or print the presentation slides. **(NOTE: A printed syllabus will not be provided.)**



MIDWEST REGIONAL POSTGRADUATE COURSE—AGENDA



COURSE DIRECTORS:

Ashley L. Faulx, MD, FACC, and Ece A. Mutlu, MD, MS, MBA, FACC

SATURDAY, AUGUST 25, 2018

7:00 am Registration and Continental Breakfast / Visit the Exhibit Hall

8:00 am Welcome Remarks and Announcements

Ashley L. Faulx, MD, FACC, and Ece A. Mutlu, MD, MS, MBA, FACC

SESSION 1: LOWER GI

Moderator: John R. Saltzman, MD, FACC

8:10 am Acute Lower GI Bleeding: Review of the Newest Management Guidelines

John R. Saltzman, MD, FACC

Describe the various endoscopic modalities for hemostasis, the importance of prep and timing of endoscopy in acute lower GI bleeding, and strategies to prevent recurrent bleeding.

8:30 am New Developments in Non-surgical Management of the Patient With Diverticular Disease

Lisa L. Strate, MD, MPH, FACC

Discuss the emerging literature regarding epidemiology and pathophysiology of diverticulitis, and discuss current management strategies for acute and chronic diverticular disease.

8:50 am New Therapies for IBS: Present and Future

Brooks D. Cash, MD, FACC

Examine the safety and efficacy of current and future pharmacotherapy, and discuss the role of dietary manipulations and psychological interventions in treating patients with IBS.

9:10 am Q & A

SESSION 2: IBD

Moderator: *Ece A. Mutlu, MD, MS, MBA, FACG*

9:25 am Incorporating New Therapies Into the Care of Your IBD Patient: Where Are We Headed in 2018?

Anita Afzali, MD, FACG

Identify the available therapies for IBD, their applications in special populations, such as the elderly, pregnant women, patients with a cancer history, and identify new treatments in the pipeline and which IBD patients they would most benefit.

9:45 am Managing IBD for Optimal Patient Care: Medical Homes and Beyond

Miguel D. Regueiro, MD, FACG

Define goals of optimal treatment in the IBD patient, and review practical issues for quality improvement in IBD care, including setting up a medical home and implementing telemedicine in practice.

10:05 am Therapeutic Drug Monitoring in the IBD Patient: Reactive or Proactive?

Jeffrey A. Katz, MD

Describe the current guidelines on therapeutic drug monitoring, available tests and their interpretations, and discuss the evidence for reactive vs. proactive TDM.

10:25 am Q & A

10:40 am Refreshment Break / Visit the Exhibit Hall

SESSION 3: HEPATOLOGY

Moderator: *Jasmohan S. Bajaj, MD, MSc, FACG*

11:00 am Alcoholic Hepatitis: Treatment and Transplant Considerations

Jasmohan S. Bajaj, MD, MSc, FACG

Discuss the treatment options beyond steroids for alcoholic hepatitis, examine whether or not alcoholics should be transplanted, and identify when to refer these patients.

11:20 am HCV Treatment: Drug Therapy and Long-term Follow-up for HCC

Nancy S. Reau, MD, FACG

Explain treatment options for HCV and discuss whether or not HCV treatment increases the risk of HCC.

11:40 am What's New in Cirrhosis Management: Medications, Treatment Complications, and Referral for Transplant

David E. Bernstein, MD, FACG

Examine portal vein thrombosis in cirrhosis patient management and assess the management of commonly prescribed and OTC medications.

12:00 pm Q & A

12:15 pm Working Luncheon Presentation - Burnout Among Gastroenterologists: Strategies for Practitioners at Risk!

Carol A. Burke, MD, FACG

Recognize causes of stress and burnout, and identify strategies to improve work-life balance.

SESSION 4: OBESITY

Moderator: *Naga P. Chalasani, MD, FACG*

1:00 pm Non-surgical Management Options for Obesity

Reem Z. Sharaiha, MD, MSc

Demonstrate the new endoscopic treatments for obesity including intragastric balloons and ESG, and examine the pharmacologic options for weight loss.

1:20 pm Hot Topic! How to Start a Bariatrics Program in Your Practice

Shelby A. Sullivan, MD

Outline the type of endoscopic training involved, define key team members, and establish the approach to the obese patient in your practice.

1:40 pm Fatty Liver: Non-invasive Assessment and Treatment Updates

Naga P. Chalasani, MD, FACG

Discuss the non-invasive assessments, treatments in the pipeline, and the risk of liver decompensation for patients with fatty liver.

2:00 pm Q & A

2:15 pm Break / Dessert in the Exhibit Hall

MIDWEST REGIONAL POSTGRADUATE COURSE—AGENDA

SATURDAY AFTERNOON GENERAL SESSIONS / HANDS-ON WORKSHOP SESSIONS:

**Hands-on workshops do not offer CME.*

2:30 pm How I Do It: Resection of Large Colon Polyps

Douglas K. Rex, MD, MACG

Discuss the various techniques and benefits of submucosal injections, as well as techniques to minimize bleeding, perforation, and recurrence in patients with large colon polyps.

OR Hands-on Workshop Session*

3:20 pm The Hot Seat: Challenging Cases of Pancreatic Cystic Neoplasms – Are the Newest Guidelines Helpful?

Case Presentation: Ajaypal Singh, MD

Panel Members: Zachary L. Smith, DO, Reem Z. Sharaiha, MD, MSc, and John R. Saltzman, MD, FACG

Demonstrate the clinical approach to cystic pancreatic lesions for the general gastroenterologist, and describe the recent guidelines with regard to the role of observation, endoscopic evaluation, and surgical referral for patients with pancreatic cystic neoplasms.

OR Hands-on Workshop Session*

4:10 pm Try This at Home: Difficult Common Bile Duct Stones and Options for Extraction

Ashley L. Faulx, MD, FACG

Describe the various methods of bile duct stone extraction, and evaluate the risks of large stone extraction and the management of these complications.

OR Hands-on Workshop Session*

4:55 pm Adjourn for the Day

HANDS-ON WORKSHOPS

All Regional Course attendees have the opportunity to participate in the Hands-on Workshops at no additional charge. These sessions focus on specific endoscopic procedures, and offer participants a chance to gain tactile experience using a variety of tools and techniques. Faculty will demonstrate devices or techniques, and attendees will have the opportunity to practice. While the hands-on workshop sessions do not offer CME, they are a valuable learning experience and give attendees the chance to interact with the experts. Hands-on workshops will be concurrent with the general sessions on Saturday afternoon. Space is limited. Registrants are able to select their top stations when they register for the course. The College will assign station times based on availability.

HANDS-ON WORKSHOP SESSIONS

REGIONAL COURSE WORKSHOP DIRECTORS:

Shivangi T. Kothari, MD, FACG, and Kevin E. Woods, MD, MPH

6 hands-on stations will be offered. The stations are:

- ✓ Mucosal Ablation: RFA
- ✓ ERCP
- ✓ EMR / ESD
- ✓ Foreign Body Removal
- ✓ Hemorrhoid Banding
- ✓ Hemostasis

SUNDAY, AUGUST 26, 2018

7:00 am Continental Breakfast / Visit the Exhibit Hall

7:55 am Welcome and Announcements
Ashley L. Faulx, MD, FACP and Ece A. Mutlu, MD, MS, MBA, FACP

SESSION 5: COLON CANCER SCREENING

Moderator: Douglas K. Rex, MD, MACG

8:00 am Colon Cancer Genetic Syndromes in 2018
Carol A. Burke, MD, FACP
Summarize various polyposis syndromes and develop strategies for diagnosis and management, and referring for further genetic work-ups.

8:20 am Serrated Colon Polyps: How Can We Better Identify Them?
Joshua E. Melson, MD
Distinguish the different types of serrated polyps and serrated polyposis syndrome, compare the associated risk of colon cancer development to traditional adenomas, and examine the recent guidelines on the management of serrated polyps.

8:40 am Is There a Role for Chromoendoscopy and Advanced Imaging in Colonoscopy in Your Practice?
Anna M. Buchner, MD
Evaluate chromoendoscopy and advanced imaging, their roles in practice, including use in IBD patients, and demonstrate how to implement these techniques in routine practice.

9:00 am Non-invasive Colon Cancer Screening: Where Do We Stand in 2018?
Zachary L. Smith, DO
Describe the available and future non-invasive colon cancer screening tests, their benefits and limitations, and their appropriateness in special groups such as the elderly.

9:20 am Q & A

9:40 am Refreshment Break / Visit the Exhibit Hall

SESSION 6: GENERAL GI

Moderator: Gary W. Falk, MD, FACP

10:10 am PPIs: What Are the Real Risks of Long-term Use and Should We Focus on Weaning Patients Off?
Gary W. Falk, MD, FACP
Evaluate the data and their validity regarding the risks of long-term PPI therapy, and assess when providers should consider weaning patients off PPIs.

10:30 am Eosinophilic Esophagitis: Medical and Endoscopic Management
Nicholas J. Shaheen, MD, MPH, FACP
Accurately diagnose EoE with an understanding of histologic findings, describe the role of medical therapies including PPIs, steroids, and immunological therapies that are being developed, and identify the indications and risks of endoscopic therapy.

10:50 am Modulation of the GI Tract Bacteria: Is There Clinical Data for Probiotics and Fecal Transplant in GI Disease?
Monika Fisher, MD, MS
Distinguish the various GI diseases that may benefit from FMT, and interpret the clinical data that exists regarding the utility of probiotics in various disease states.

11:10 am Surveillance and Treatment Guidelines for Barrett's Esophagus
Prasad G. Iyer, MD, MS, FACP
Apply current guidelines for surveillance of Barrett's esophagus, with attention to surveillance intervals, and discuss pros and cons of current treatments.

11:30 am Antithrombotics and Antiplatelet Agents: Optimal Management in GI Bleeding and Endoscopy
John R. Saltzman, MD, FACP
Compare the most common antithrombotic and antiplatelet agents, and discuss if and when these agents should be held for endoscopic interventions and their management in the GI bleeding patient.

11:50 am Q & A

12:05 pm Course Wrap-up and Take-away Points
Ashley L. Faulx, MD, FACP, and Ece A. Mutlu, MD, MS, MBA, FACP

12:20 pm Course Adjourns

REGISTRATION INFORMATION / ACCREDITATION

REGISTRATION INFORMATION

There are separate registration fees for ACG's Hepatology School and the ACG Midwest Regional Postgraduate Course. The registration fee for each program includes admission to all sessions, continental breakfasts, lunch on Friday for ACG's Hepatology School attendees, lunch on Saturday for Midwest Regional Postgraduate Course attendees, and refreshment breaks. All registrants must pay the full registration fee; partial registration is not available.

Full refund of registration fees will be given, less a \$25 administrative fee, if written notice of cancellation is received by ACG by **July 27, 2018**. No refunds will be given after this date.

ACG'S HEPATOLOGY SCHOOL REGISTRATION	
ACG MEMBER TYPE	FEE (After 7/20)
Physician	\$200
Resident / Trainee / Candidate	\$200
Associate / Advanced Practice Provider	\$200
NON-MEMBER TYPE	
Physicians / PharmD / PhD / Guest	\$250
Resident / Trainee	\$250
NP / PA / Allied Health (RN, LPN)	\$250

MIDWEST REGIONAL COURSE REGISTRATION	
ACG MEMBER TYPE	FEE (After 7/20)
Physician	\$499
Resident / Trainee / Candidate	\$254
Associate / Advanced Practice Provider	\$364
NON-MEMBER TYPE	
Physicians / PharmD / PhD / Guest	\$599
Resident / Trainee	\$304
NP / PA / Allied Health (RN, LPN)	\$424

ACCREDITATION / CME / MOC

The American College of Gastroenterology is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

ACG's Hepatology School

The American College of Gastroenterology designates this live activity for a maximum of 8 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 8 MOC points in the American

Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Midwest Regional Postgraduate Course

The American College of Gastroenterology designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 MOC points in the American

Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

ACCOMMODATIONS

The programs will be held at the Sheraton Indianapolis City Centre Hotel. To make your room reservations, call 888-627-8186. Special meeting rates per night are \$145 / single or double plus state and local taxes (currently 17%). All major credit cards are accepted. Reservations must be made by **July 27, 2018** in order to receive the special meeting rate. Only a certain number of rooms are available at this rate and are available on a first-come, first-served basis. Once ACG's room block is sold out, the hotel may charge a higher rate for any additional rooms made available. Cancellations made within 48 hours of arrival will be penalized for one night's room and tax. Check-in is 3:00 pm. Check-out is 12:00 noon.

Complimentary WiFi is available in all guest rooms and meeting rooms. Self-parking is available at a reduced fee of \$20 per day with in/out privileges. The Sheraton Indianapolis City Centre Hotel is located at 31 West Ohio Street, Indianapolis, Indiana.

MORE INFORMATION

For more information about the meeting, contact education@gi.org.

Americans with Disabilities Act: Attendees of this ACG Regional Course who need additional reasonable accommodations or who have special needs (please indicate any dietary needs on the registration form) should contact the ACG office by email at registration@gi.org no later than **July 27, 2018**.



REGISTER ONLINE: MEETINGS.GI.ORG



AMERICAN COLLEGE
OF GASTROENTEROLOGY
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Bethesda, MD 20817

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